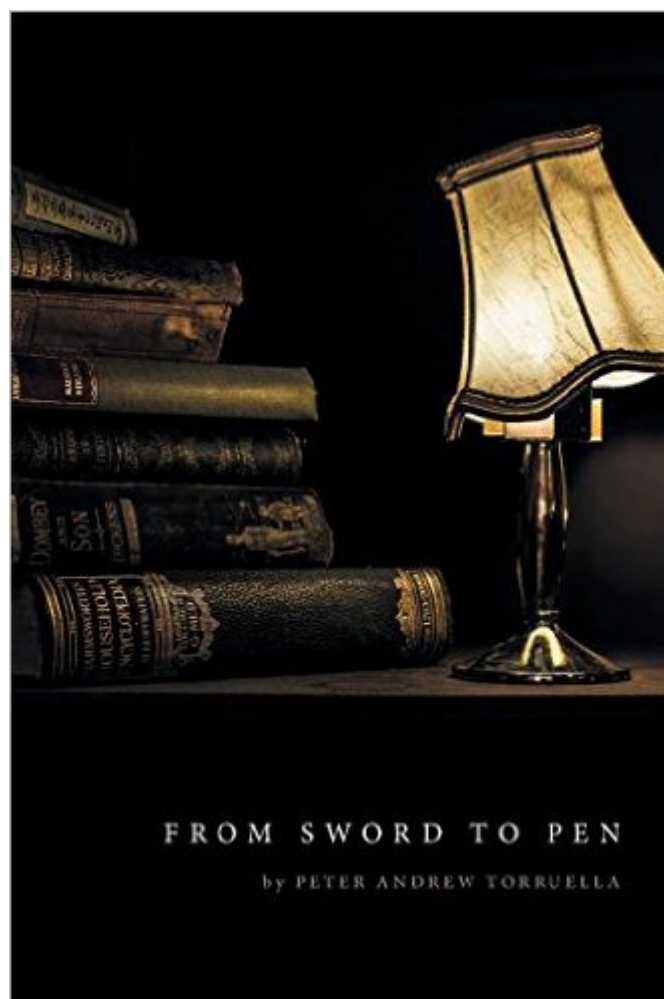


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# From Sword To Pen



## Synopsis

Hairs on the back of my neck stand up as if called to attention. Feelings of utter doom enter my mind ... A threat awaits me, sight unseen ... Post-traumatic stress disorder. It can leave you stuck in a constant sense of danger; plagued with intrusive memories; suffering pain, guilt, mistrust. PTSD can wreak havoc on the lives and relationships it touches, creating an uncrossable chasm. This book bridges that gap. A poetic collection complete of honesty, sensitivity and haunting beauty, From Sword to Pen brings us to a place of understanding as we share the poet's innermost thoughts of life with PTSD. I cannot find the real me that I have left behind ...

## Book Information

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## Customer Reviews

I just received my copy from sword to pen. this book is truly inspirational started reading it and I couldn't put it down. I loved pg39, pg49 and pg 71. I would recommend this book to everyone i know. This book is so worth reading. Thank you to the Arthur Peter Andrew Torruella for writing such a great book

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